

MATCH CONDITIONS GIRLS

Phase U8 Girls U10 Girls U12 Girls U14 Girls U16 Girls Players on ground 9 a side (min 6) (3 equal zones) 12 a side 16 a side 12 22 Max. Game Day Squad 16 Optimal 80m x 60m Optimal 100m x 80m Optimal 100m x 80m Full Size **Oval Size** 4 x 10min 4 x 12min **Match Length** 4 x 15min 4 x 17min 1st and 3rd Quarter – 3 minutes, Half time – 5 minutes **Breaks Competition Details** No scores, ladders or finals Scores, ladders and finals permitted Synthetic Size 3 Leather Size 3 Leather Size 4 The Ball Synthetic Size 1 Synthetic Size 2 **Coaching Position** On Field Optional **Sidelines** Last Possession (Kick or Handball) Out of Bounds As per Rule 15.6 of the Laws of the Game **Out of Bounds** No tackle or bump. No contact or spoiling except Tackling permitted as per Laws of Australian Modified tackle Contact when accidental in nature football Stealing, Smothering No stealing, smothering, shepherding or barging Permitted as per Laws of Australian Football Shepherding, Barging 1 bounce Unlimited **Bounces** 2 bounces A mark is awarded irrespective of the distance the ball has A mark is awarded when a player catches the ball directly from another travelled to any player who marks it or makes a reasonable Marking players' kick that has travelled at least 10m attempt to mark it Kick off the ground Not permitted unless accidental Kick to score 10m penalty applied at 25m penalty applied at umpire's discretion No distance penalty applies the umpire's discretion Players can be ordered off at the umpire's discretion