



2023 SANFL Juniors  
Under 11 Mixed

Anti Density Ruling &  
Interpretation

# Rule & Interpretation – U/11 mixed

## Anti – Density rule



### Rule

- 6 Forwards to play inside their Attacking half (3 Inside Forward 50) at all stoppages in play (Kick in's, Throw in's & Ball ups. **Please note - Last possession out of bounds & out of bounds on the full not included**).
- Note: Defenders must also abide by the same principle though not necessarily one on one.

### When does the rule apply:

- At all Stoppages: Ball Ups, Boundary Throw Ins and Behind Kick Ins
  - Umpire 1 will manage stoppage

### What is a breach?

- A Breach will occur when **one team fails to reset** into the position either the forward or the defender

### Players out of position must show clear intent to reset:

- Teams will **Not** be penalised if there is a **clear** intent by the player to get back to position. i.e. clear movement to position with **urgency**
  - Umpire 2 will get to the 'minor axis' (imaginary line across the centre) to manage reset of players

### Penalty

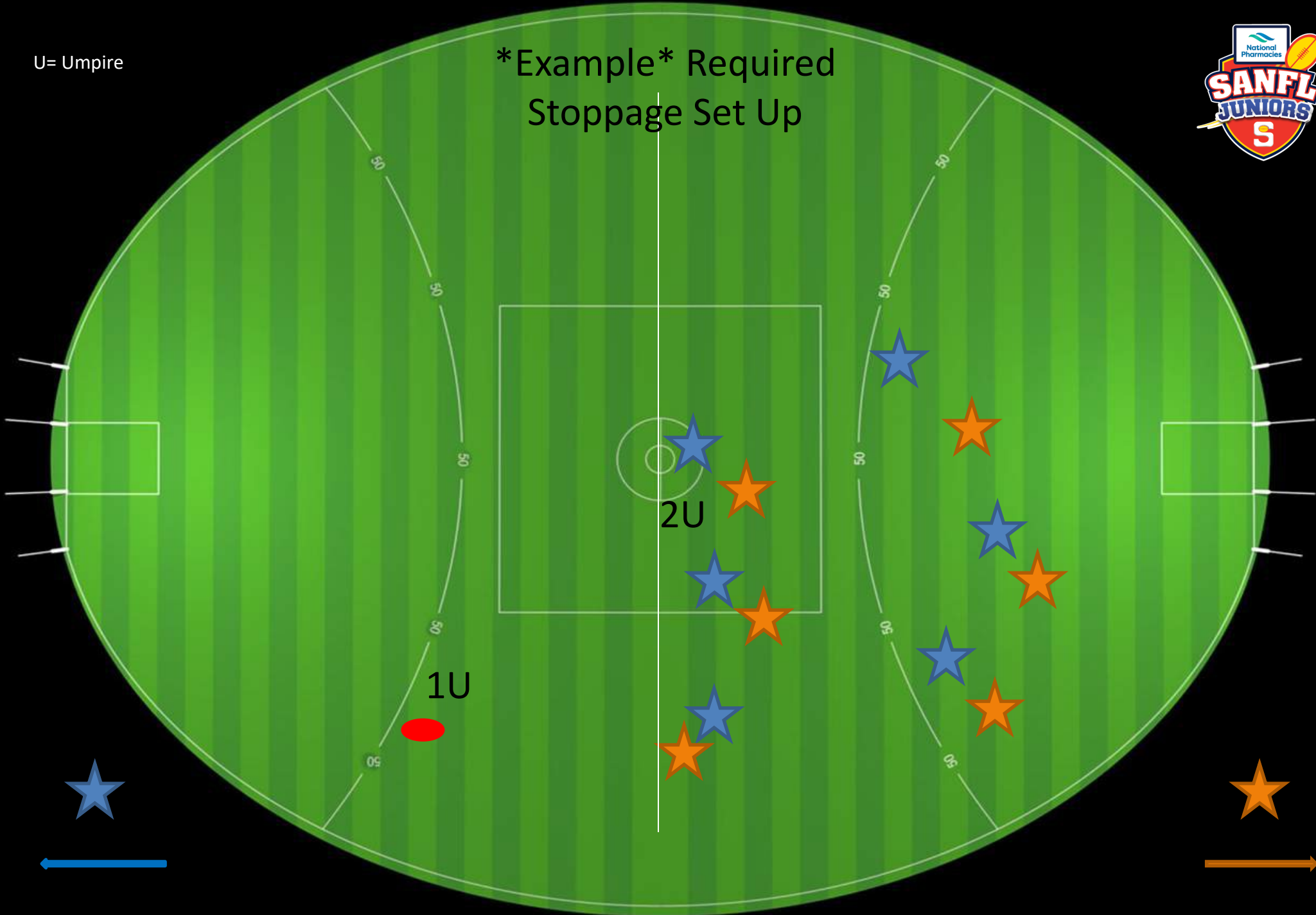
- A free kick (to the nearest player), **at the point of the stoppage**, will be awarded to the non-offending teams.
- Should a free be awarded from a breach at a behind kick in. A free kick will be awarded to the attacking team at the top of the nearest 50m arc.

### Note

- Coaches will be allowed on the ground to assist in coaching their players back to position. This will be in place of a runner who will not be allowed.
- Under 11, **15 aside competition** will require 5 Forwards (and Defenders) inside of the attacking half. 2 Players inside Forward 50, and an additional 3 players behind Half way.

U= Umpire

# \*Example\* Required Stoppage Set Up



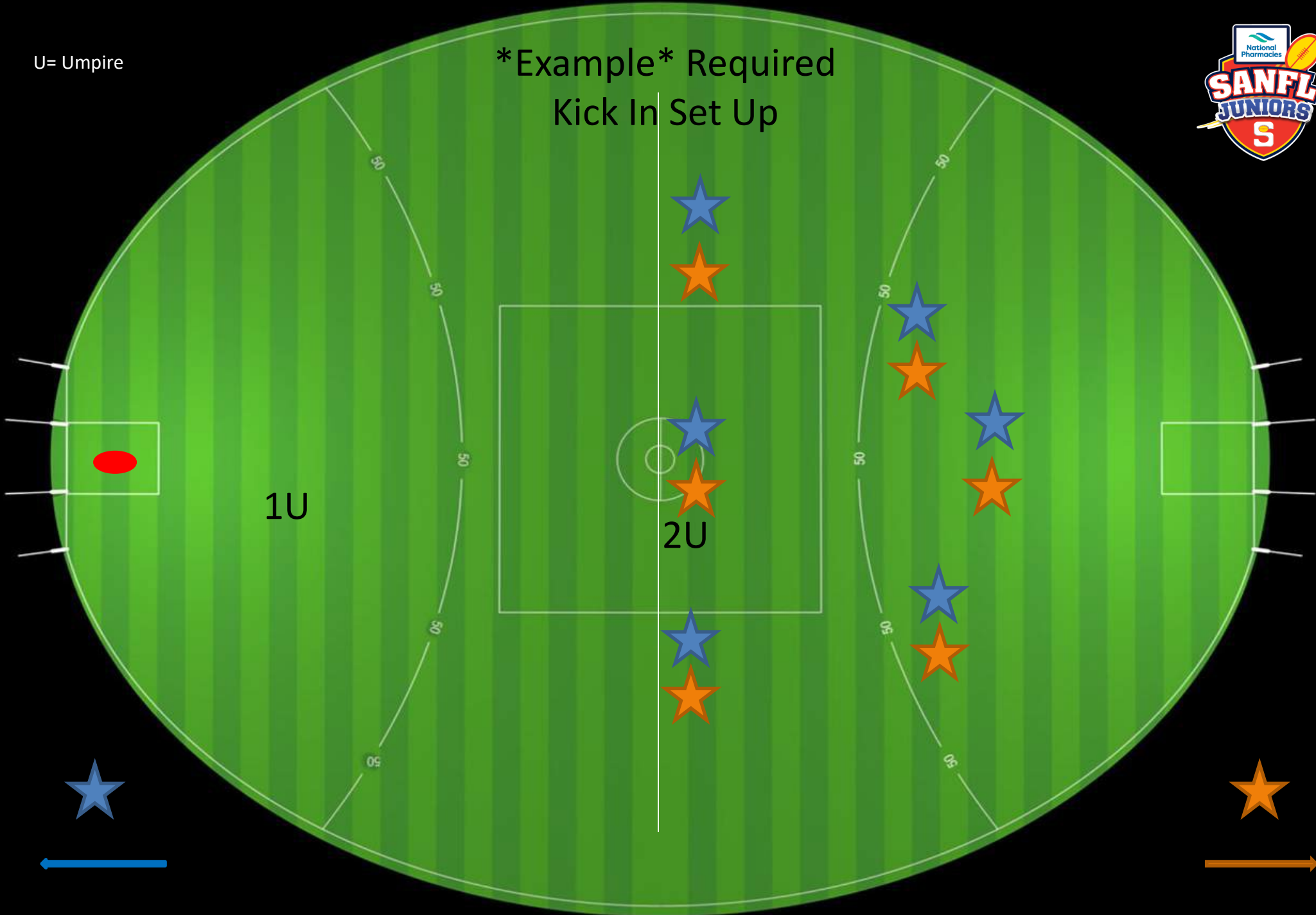
2U

1U



U= Umpire

# \*Example\* Required Kick In Set Up



1U

2U

