



SANFL & COMMUNITY FOOTBALL RETURN TO PLAY

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DELTA PAUSE

With heightened risk across the community and Australia at this time, the State Government announced a statewide weeklong lockdown on Tuesday 20 July, which included the cancellation of all sporting competitions and training.

From Wednesday 28 July, the State Government plans a staged return to lower restrictions.

While training (and other programs such as Auskick) can re-commence from 28 July, competition can resume the following weekend.

KEY RESTRICTIONS IN PLACE

The following restrictions impacting sporting clubs and licenced venues are in place:

- Density requirement of 1 person per 4sqm (including in licenced venue, changerooms and other areas)
- Density requirement of 1 person per 8sqm inside gyms and indoor fitness facilities
- Masks must be worn inside shared public areas (ie: to be worn inside licenced venue by patrons while not eating or drinking)
- Masks to be worn inside gyms and indoor fitness facilities, except during exercise
- Medical Treatment Staff such as sports trainers, physios, doctors etc must wear a mask while delivering athlete treatment
- No singing in indoor spaces (club songs MUST be sung outside on the oval or another appropriate outdoor space)
- Seated consumption of food and drinks (inside and outside)
- No communal food such as buffets

Please note that other directions/restrictions can be found here - <https://www.covid-19.sa.gov.au/restrictions-and-responsibilities/activities-and-gatherings>

TRAINING PROTOCOLS

Key Principles to Return to Play

- Density requirements, and/or maintaining 1.5m apart where possible must be observed where possible
- QR Code Check In System in place
- Presence of COVID Marshals
- "Get In/Get Out" should be observed where possible
- Thorough cleaning and sanitisation must occur before and after each training including spot cleaning of changerooms in between user groups, and cleaning of equipment
- Hygiene and testing protocols previously implemented will still apply

Training

- Full training activities permitted, including contact activities (tackling, bumping etc)
 - Physical contact restricted to the above or similar training activities, with official, players and umpires to maintain 1.5m distance between each other at all times unless in match simulation
 - Limit the coming together in tight huddles during training

Gyms

- Access to gyms permitted for essential physical conditioning that cannot be achieved by the player or umpire at home
 - Staggered gym/weights schedule ensuring no more than density limits allow
 - Any gym equipment to be wiped down before and after each session, including in between change over of users on equipment
 - Density requirements apply (1 person per 8sqm)



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Changerooms

Access to changerooms is permitted, with each team and umpires to be allocated a changeroom for their exclusive use. Access to change rooms should be limited to essential personnel only.

Showers and wet areas can be accessed if required, with strict cleaning and density limits to be observed.

Access to treatment rooms for strapping, massage etc is also allowed. Treatment rooms must adhere to density limits.

The following behaviours should be encouraged:

- Maintain 1.5m from others where possible
- Arrive dressed to train where possible
- Players should utilise personal towels or matting if required to lay or sit on floor for any reason
- Limit time coming together in larger groups (ie: briefings)
- Get In/Get Out (no loitering post-training)

The following is NOT permitted:

- Strictly no warm-up or drills to be conducted in changerooms
- Teams/Umpires cannot access a changeroom until the previous user group has vacated, and cleaning has been undertaken
- No access for non-essential personnel such as:
 - Anyone who is considered a spectator (ie: board/committee members, sponsors)
 - Anyone whose match day role doesn't support player preparation or recovery
 - Media

Change rooms, and any other areas to be deep cleaned and sanitised before and after each training, and spot cleaned between user groups

Showers & Wet Areas

Showers are permitted under the following conditions:

- Capacity limits as per density requirements must be observed
- One person in a shower cubicle at each time or use of every second shower in an open shower room
- No sharing of hard soaps (pump bottles permitted)
- No sharing of towels
- Spot cleaning following each user, and deep cleaning following each training/match day
- Showers users are responsible for cleaning the shower following use as per checklist (available on Return to Play website)
- Venues must ensure cleaning supplies available in all shower cubicles, and for each shower station being utilised as follows:
 - Disposable cloths or paper towels, which must be changed between each user
 - Alcohol based cleaning spray or solution
 - Rubbish bins
- Ice baths permitted limited to one user per ice bath at a time



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Coaches Box & Bench

- Coaches can access coaches' box, however no more than density requirements permit
- Any players, coaches and support staff must maintain 1.5m from each other on the bench. Additional chairs may be added if extra seats are required but must be spaced 1.5m apart. Seating positions on benches should be marked with tape or stickers
- Hand sanitiser and sanitising wipes to be available on the bench
 - Each participating team is responsible for bringing hand sanitiser for their team/bench, with the host venue responsible for providing umpires with sanitiser

GET IN/GET OUT

Strategies to limit time and person-to-person contact on site – promoting social distancing – should be implemented:

- Arrive dressed and ready to train where possible
- Minimise use of bathrooms and communal areas
- Showering at home instead of at training/match venues
- Maintain at least 1.5m apart
- Any tasks that can be done at home, should be done at home

HYGIENE

The following general hygiene practices apply at all times, in line with Government advice:

- Wash your hands often with soap and water for at least 20 seconds;
- Wash or sanitise your hands before eating (all players and official should have personalised hand sanitiser);
- If soap and water are not available, use an alcohol-based hand sanitiser;
- Avoid touching your eyes, nose and mouth;
- Avoid close contact with people who are sick;
- Cover your mouth to cough or sneeze (using your elbow);
- No sharing of towels/water bottles/food, including lolly or fruit bowls;
- Any areas accessed to be comprehensively cleaned and sanitised after each use;
- Clubs must do all they can to reinforce the above precautions, including making available appropriate hand washing facilities, as well as the provision of alcohol-based hand sanitiser and tissues
- Wear a mask if physical distancing can not occur

Additional hygiene

- Spitting and clearing of nasal/respiratory secretions on ovals or other sport settings not permitted;
- Avoid high fives, handshakes or other unnecessary physical contact;
- Training and Gym equipment to be wiped with antibacterial wipes or alcohol-based sanitiser prior to and after each use

SOCIAL DISTANCING & SPECTATORS

Spectators and observers are discouraged during this time, however parents/caregivers can attend for the purpose of supervision.

Everyone should maintain 1.5m physical distancing from others who are not in their household or others they may otherwise regularly spend time with.



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COVID SAFE PLAN

The State Government has introduced a COVID Safe Plan to assist businesses (including sporting organisations) with compliance with COVID Safe protocols.

All football clubs must have a current and up to date COVID Safe Plan to undertake training, match days and operation of their licenced venues.

Failure to complete and have plans available at your premises, or non-compliance with current directions, may result in fines.

Clubs will automatically receive an email from SA Health outlining any changes to restrictions that impact a venue's COVIDSafe Plan.

You WILL need to complete a revised/new COVID-Safe Plan for your club if you:

- **plan to offer more rooms or spaces to patrons**
- **plan to extend or alter the floorspace of any existing rooms or spaces**

For more information, and to complete your club's plan visit <https://www.covid-19.sa.gov.au/recovery/create-a-covid-safe-plan>

COVID SAFE CHECK IN

The South Australian Government is introducing COVIDSafe Check-In, to enhance contact tracing efforts.

It is mandatory for all public activities with a COVIDSafe plan to display their QR code. This includes all football activities at the club including training, match days and the operation of the licenced venue.

Businesses (including football clubs) with an existing COVIDSafe plan will receive a new COVIDSafe plan via email that includes a QR code to print off and display in a prominent locations. Any new COVID-Safe plans created online will generate a QR code to print off and display.

SANFL recommends the QR code is displayed at entry points, service points and in changerooms and in bathrooms, as well as any other areas where high traffic is expected. Templates for promoting and displaying the QR codes are available for download from the SANFL Return to Play website.

When people arrive at your venue, they can check in by scanning the QR code using their mobile phone.

Data will be collected and stored securely in one place for 28 days, only released to SA Health for official contact tracing purposes.

Clubs can keep a manual log of patrons that don't have the required technology to use the QR code system. Please note that you are required to maintain the privacy of information collected in the manual contact tracing logs. We recommend the following:

- Form must be completed by a staff member and manual contact tracing sheets not left unattended
- Contact tracing sheets must be securely stored when not in use and/or when the form is full
- Contact tracing forms must be destroyed after 28 days
- Information provided on forms is purely for contact tracing efforts – cannot be used for any other purpose (ie: marketing)

For more information on the COVIDSafe Check In System visit <https://www.covid-19.sa.gov.au/business-and-work/covid-safe-check-in>.



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COVID MARSHALS

COVID Marshals are required across various public activities/operations, including sporting clubs, gyms and licenced venues.

COVID Marshal Criteria

To be a COVID Marshal an individual must:

- Be 18 years of age or more;
- Complete the required training and keep records of the training to provide to an authorised officer on request (State Government to provide training);
- Take reasonable steps to visually identify as a COVID Marshal (ie: high-vis vest, hat etc)

Beyond the mandatory requirements it is recommended that people nominated as COVID Marshals have:

- good customer service, people and communication skills
- a good understanding of the club's COVID-Safe Plan and Return to Play protocols
- the ability to easily switch between and oversee different tasks and (physical) areas

How many Marshals are required at a football club?

The following should be taken into account when coordinating the number and appointment:

- A COVID Marshal must be on site anytime training and matches are occurring, as well as on any occasion food and beverage is being served at the venue, this would include mid-week meals and match days;
- You can have more than one prescribed COVID Marshal (SANFL recommends at least one marshals is assigned to both the licenced venue and match day/spectator management);
- If less than 200 people in attendance, the role can be assumed by someone undertaking other duties (ie: ground manager, coach/trainer or bar manager etc);
- If more than 200 people are expected to be present at an operation a COVID Marshal who is supervising must have no other duties. (ie: must be a designated match day role or roles);
- At multi-sport venues, we recommend each sport nominates a COVID Marshal OR approach the asset owner to manage
- As a guide, you may be required to have 1 COVID Marshal per 200 patrons (particularly for events operated under a COVID Management Plan)

Compliance

In order to be compliant clubs must undertake the following:

- 1. Appoint and train COVID Marshals**
- 2. Ensure COVID Marshals are clearly identifiable**
- 3. Ensure records are available if required**

1) Appoint & Train

The training covers the following:

- Understanding the role
- Understanding the virus and how it spreads
- Infection control strategies
- Recognising symptoms
- What to do if you, or someone else develops symptoms
- Importance of physical distancing and managing density
- Cleaning tips
- Additional tools and resources.



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Users must demonstrate understanding of the material by undertaking a brief multiple-choice test at the end.

Please note that the content included is similar to the Government issued Infection Control Training, as well as many of the materials provided on the SANFL Return to Play website. This course simply reinforces the learnings and practices already implemented during the Return to Play process.

The State Government's online COVID Marshal training is available [HERE](#).

2) *Visibility of COVID Marshal*

While you are free to choose the solution that best fits your club, the garments or items your COVID Marshals wears must stand out immediately and must be recognisable as indicating a COVID Marshal – not just for you, but also for a patron who has never been to your premises before.

We recommend a high-vis vest with a sticker, badge or lanyard that says COVID MARSHAL.

3) *Records*

A copy of your COVIDSafe Plan, as well as any training records of COVID Marshals must be available upon request from a member of SAPOL or SA Health.

We recommend the COVID Marshal carries a copy of the club's COVIDSafe plan, as well as a copy of their certificate of completion. This can be hard copy or electronic on a phone/tablet etc.

For more information on COVID Marshals, please visit https://www.covid-19.sa.gov.au/recovery/covid-marshals?fbclid=IwAR1wSKTsohjtZMgBcMLpdKKAe2ACAhfWaR3ADah8BsrD_0Sng9VoB_PLj8

COVID MANAGEMENT PLAN

A COVID Management Plan, approved by SA Health, will be required for:

- Any activity of more than 1,000 people

A COVID Management Plan is a unique and comprehensive plan that must be specific to your venue or activity.

The plan sets out how a high-risk activity will be managed to reduce the risk of transmission of COVID-19 between patrons/attendees and staff.

For more information, and to complete your Management Plan visit <https://www.covid-19.sa.gov.au/recovery/create-a-covid-management-plan>.

Material to support club's complete their Management Plan is available at sanfl.com.au/returntoplay



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CLUB FUNCTIONS & LICENCED VENUE

Clubs must manage their licenced venue and any functions in accordance with their COVIDSafe Plan (or COVID Management Plan where relevant).

Current restrictions impacting licenced venues include:

- Density of 1 person per 4sqm
- Seated consumption of food and beverage
- No communal food or buffets
- Masks to be worn while not eating/drinking

Licensed venues must also operate the Government's QR Code system.

SANFL recommends Clubs/Leagues contact Clubs SA to discuss any concerns or queries regarding the COVIDSafe management of their licenced venue, as well as regularly monitor the emergency directions/public activities information here - <https://www.covid-19.sa.gov.au/restrictions-and-responsibilities/activities-and-gatherings>