



2023 MATCH CONDITIONS GIRLS

Phase	U9 Girls	U11 Girls	U13 Girls	U15 Girls	U16 & U17.5 Girls
Players On Ground	9 a side (3 equal zones)	12 a side (3 equal zones)	16 a side	16 a side	16 a side
Max. Game Day Squad	12	16	20	20	20
Oval Size	Optimal 80m x 60m	Optimal 100m x 80m	Optimal 140m x 110m	Full Length & Narrowed Wings	Full Size
Match Length	4 x 10 min	4 x 12 min	4 x 15 min	4 x 17 min	
Breaks	3 min Quarters, 5 min Half		5 min Quarters, 8 min Half		
Competition Details	No scores, ladders, finals or recording of best players permitted		Scores, ladders and finals permitted		
The Ball	Synthetic Size 1	Synthetic Size 2	Synthetic Size 3	Leather Size 3	Leather Size 4
Coaching Position	On Field (1 coach per team permitted on field at any one time)	Optional	Sidelines		
Out of Bounds	Last Possession (Kick or Handball) Out of Bounds as per SANFL rules – https://bit.ly/3wnS4h3				
Contact	No tackle or bump. No contact or spoiling except when accidental in nature	Modified Tackle	Tackling permitted as per Laws of Australian Football		
Stealing, Smothering, Shepherding & Barging	No stealing, smothering, shepherding or barging		Permitted as per Laws of Australian Football		
Bounces	1 Bounce		2 Bounces	Unlimited	
Marking	A mark is awarded, irrespective of the distance the ball has travelled to any player who marks it or makes a reasonable attempt to mark it	A mark is awarded, irrespective of the distance the ball has travelled to any player who marks it or shows control	A mark is awarded when a player marks the ball directly from another players' kick that has travelled at least 10m		
Kick Off The Ground	Not permitted unless accidental		Kick to score from goal square	Permitted	
Penalties	No distance penalty applies	10m penalty, at the umpire's discretion	25m penalty, at the umpire's discretion		
	Players can be ordered off at the umpire's discretion				