



2023-2024 SA Level 3 Coach Accreditation – SANFL & Community Coaches Course Details and Application Process



Course Structure & Delivery

The 2023-2024 South Australian Level 3 Coach Accreditation will be offered to coaches of both male and female programs, coaching in a SANFL Club season team and community A Grade head coaches.

The course will be a blended learning program delivered both face to face and virtually over a 12-month period. Phase 1 will be delivered as 4 face to face workshops held in Adelaide and phase 2 will be delivered virtually as 3 x 2-hour online webinars over the 12-month period.

2023-24 Course Dates

| PHASE | TOPICS | PRESENTERS | DELIVERY METHOD | DATES | TIMES |
|-------|---|--|-----------------|--------------------------------|-----------------------------|
| One | SETTING THE VISION, CULTURE & RELATIONSHIPS | Julian Farkas - Leading Teams | Face to face | Fri 8 Dec 2023 | 9am-5pm |
| | STRATEGIES & GAME DAY COACHING | Heath Younie & Dave Reynolds – SANFL Coach Development | | Sat 9 Dec 2023 | |
| | SKILL ACQUISITION & ACTIVITY DESIGN | Dave Reynolds & Heath Younie – SANFL Coach Development | | Sun 10 Dec 2023 | |
| | COMMUNICATION, FEEDBACK, TEACHING, LEARNING | Ash Ross – Coach Learning Solutions Dave Reynolds – SANFL Coach Dev | | Sat 13 Jan 2024 | 9am-9pm |
| Two | DYNAMICS | Julian Farkas – Leading Teams | Webinar | TBC dates February – September | 2-hour evening (Mon or Wed) |
| | SELF REFLECTION & FEEDBACK | Ash Ross – Coach Learning Solutions | | | |
| | PERFORMANCE PSYCHOLOGY | TBC | | | |

2023-24 Accreditation Requirements

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| 1. Participation in ALL sessions and completing all in-course tasks and activities. |
| 2. Create and implement an agreed Values and Behavioural Framework for your team. |
| 3. Develop a documented Game Plan for your team. |
| 4. “Leave the Ladder Down” Coach Development task |
| 5. Within your Level 3 peers working group, <ul style="list-style-type: none"> a. Support each other during the year, share ideas, challenges, successes, session plans etc b. Provide feedback on each other’s coaching at training and game day, through reflective conversations after looking at vision of each coach coaching. c. Mid-season and post season reflections |

2023-24 LEVEL 3 COACHING COURSE APPLICATIONS CLOSE: SUNDAY 8th October 2023



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Purpose

The Level 3 Coach Accreditation is designed meet the following objectives:

- **Develop high performing coaches** - Understand and implement contemporary coaching methods and practices aligned to the AFL’s six Coaching Competencies (below) and enabling them to apply these appropriately to their coaching context.



- **Create lifelong learners** - Understand the methods to allow coaches to take ownership of their individual continued coach development post the Level 3 accreditation.
- **Become capable Coach Developers** - Broaden understanding and skill set of the Coach Developer role in teaching and mentoring other coaches, to establish support and development for coaches within the community.

Criteria for Selection

Coaches wishing to nominate for the course must meet the following criteria:

1. Hold a current AFL Level 2 Coach Accreditation
2. In 2024 be coaching in one of the competitions listed below:

| State | State League | Community Football |
|---|---|---|
| <ul style="list-style-type: none"> • Head or assistant coach in the U16 or U18 (male or female) state team | <ul style="list-style-type: none"> • Head or assistant coach at a SANFL Club in a season competition team – League, Reserves (male or female), U18s, U16s (male) | <ul style="list-style-type: none"> • Head Coach of an A Grade senior team (male or female) |

3. Evidence of a commitment to on-going education will be highly regarded when selecting between candidates of similar merit
4. Commitment to **100% attendance** for all course sessions to obtain Level 3 accreditation

Course Fees

\$1,200.00 per participant (including GST - Course Fee to be paid when invited to attend)

Course Application Process

1. All interested coaches must complete the below Application form to be considered for the 2023-24 SA Level 3 Coaching Course, by the due date - **8th October 2023**.
2. Successful and unsuccessful candidates will be formally notified via email by Monday the 16th of October 2023.

[APPLY FOR THE LEVEL 3 COURSE HERE](#)

Questions can be directed to State Coaching Manager Dave Reynolds dave.reynolds@sanfl.com.au

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