

Uraidla Districts Football Club

2026 Senior Women's Coach Role Description

Role: Senior Women's Head Coach

Engagement: 9 months (Jan – Sept 2026)

Reports to: Women's Football Director

Key objective: To provide an environment that paves the way for all female players to experience the ultimate joy and success of community football.

Key responsibilities:

- Plan and deliver pre-season training (Jan-April)
- Plan and deliver all in-season training sessions (April – Aug)
- De-brief all matches and identify areas for player and team improvements
- Develop a game plan and style capable of winning a HFLW premiership
- Pre- and post-match team address, relevant to overarching game plan
- Support and action player recruitment opportunities (shared role with club and players)
- Weekly team selection and communication with players re: selections
- Provide regular individualised player feedback
- Maintain open and productive communication with players
- Develop and maintain strong relationships with player leadership group
- Conduct a pre-season, mid-season and post-season visioning & feedback session with the playing group (and assistant coaches)
- Communicate with, manage and support assistant coaches
- Attend and coach all matches
- Attend club functions where possible
- Wear club merchandise to trainings, games and club functions
- Uphold and demonstrate the values and standards of the club in all interactions
- Develop and grow own coaching skills
- Liaise with required roles (eg. trainers, team manager, assistant coaches, Women's Director).
- Understand HFL league-specific rules and expectations

Skill requirements:

- Previous coaching experience (preferably in women's football)
- Proven ability to grow, educate and develop players and teams
- Excellent communication and relationship-building skills
- A strong understanding of AFL and an ability to communicate it



- An ability to lead, mentor and motivate others
- Great organisation, coordination and time management skills
- Basic computer and social media skills to coordinate team communication

Personal attributes:

- A professional manner and presentation
- The physical fitness required to actively perform role
- An approachable, consistent and fair manner
- Success-driven, balanced with clear success metrics (on and off field)
- Organised, reliable and honest
- Self-responsible and adaptable
- High care-factor for developing individuals as players and people

Qualifications:

- Minimum Level 1 Coaching accreditation (ideally Level 2+)
- DHS Working with Children Check (can be applied for on appointment)

ABOUT UDFC WOMEN'S PROGRAM

The UDFC Senior Women's was founded in 2019 as one of the inaugural HFLW teams. In our 7 seasons, we have achieved the following:

4x HFLW grand finalists

2x HFLW premiers

1x HFLW Best & Fairest

2x HFLW Leading goal kicker

1x player recruited to AFLW (Port Adelaide)

11x players recruited to SANFLW-level teams

Multiple players selected for the Country Champions rep teams (inc. 2x grand final winners and 1 best on ground)

Our U14 and U17 girls' teams have played in 2 grand finals since our junior girls program started in 2022 - many of these players have continued through to our senior team.

UDFC is one of the oldest clubs in the Hills, with a rich history, family-centric environment and strong community feel. We pride ourselves on being both good people and good footballers, and look forward to welcoming you to our club.

