



WOMENS

COMPETITION REGULATIONS

MAY 2026



SANFL Women's Competition Regulations

Approved: 26 August 2025

Updated: 1 May 2026

CONTENTS

INTRODUCTION.....	5
PART ONE: INTERPRETATION	6
1. Definitions	6
2. Interpretation.....	7
PART TWO: LIST MANAGEMENT.....	8
A General List Management.....	8
3. Club Responsibilities	8
4. Player Responsibilities.....	9
5. Inactive List Players.....	9
6. Supplementary Listed Players.....	10
7. Inducements	10
8. Exited Players.....	10
9. SANFLW Mini-Draft	10
10. Youth List	10
11. Inducements	12
B The PPS Policy.....	14
12. SANFL Responsibilities	14
13. Total Team Points Allocation.....	14
14. Player Points Allocation	15
15. Deductions and Amendments to Player Points Allocation	15
16. Breaches.....	16
C Player Transfers	18
17. Transfers.....	18
18. Transfer Fees.....	19
D Salary Cap.....	21
19. Salary Cap	21
PART THREE: MATCH DAY	22
20. Number of Players on Field	22
21. Emergency Players.....	23

SANFL WOMEN'S COMPETITION REGULATIONS

22. Match Times and Duration.....	23
23. Break Lengths.....	24
24. Anti-Density Rule	24
25. Boundary Throw-Ins	25
26. [Intentionally left blank]	25
PART FOUR: AWARDS	26
27. Awards	26
28. Regulation of Awards.....	28
Schedule 1: Player Point Categories	29
Schedule 2: Total Team Points Allocation.....	31
Schedule 3: Transfer Fee Guide	32
Schedule 4: Senior Registration Form	33
Schedule 5: Youth Registration Form.....	34
Schedule 6: Player History Form	35
Schedule 7: Exit Form	36
Schedule 8: Player Payments and Salary Cap.....	37
Schedule 9: Application for Transfer	39

INTRODUCTION

The SANFL Women's Competition Regulations (***Women's Regulations***) detail only the applicable rules and regulations specific to the SANFL Women's Competitions.

These Women's Regulations must be read and interpreted in conjunction with the Master Regulations, the Laws of Australian Football and the National Community Football Policy Handbook, as are amended from time to time. The Master Regulations contain regulations on the operation and administration of all SANFL Competitions, and are therefore applicable to both the SANFL Men's and SANFL Women's Competitions.

A copy of these Women's Regulations and Regulations will be provided on the SANFL Website www.sanfl.com.au.

PART ONE: INTERPRETATION

This Part of these Women's Regulations is drafted to provide clarification on how specific terms are defined under these Women's Regulations, and more generally, how these Women's Regulations should be interpreted, including how they are read in conjunction with the Master

1. Definitions

(a) Unless otherwise defined in these Women's Regulations (in Regulation 1 or otherwise), a capitalised term has the meaning given to it in the Master Regulations.

- 1-30 Listed Player** means a Player on a Club's 1 to 30 list who will be subject to Player Points Allocation if they transfer to another SANFLW club;
- AFLW Club** means any club that competes in the AFLW;
- Application for Transfer** means an Application for Transfer document exhibited in Schedule 9;
- Category** means the player points category which determines the base allocation of the Player Points Allocation for a player;
- Club Supplementary List** means a Club's list of Supplementary Listed Players;
- Community Football Player** means any Australian football player who is aligned with an Australian football club which participates within a community football competition, that does not include any clubs from state leagues (for example, including, but not limited to, the SANFL, VFL or WAFL) or AFLW;
- Exited Player** means a player who has ceased playing in the SANFLW;
- Ineligible Player** means a Player who is deemed ineligible to play in SANFLW by reason of these Women's Regulations;
- Interstate League Player** means any player that has played in the VFLW, WAFLW and/or QAFLW;
- Mini Drafted** means a Player who was previously drafted by a SANFLW Club via the SANFLW's Mini-Draft;
- Minimum Match Payment** has the meaning prescribed in Schedule 8;
- Maximum Match Payment** has the meaning prescribed in Schedule 8;

SANFL WOMEN'S COMPETITION REGULATIONS

<i>Player Points Allocation</i>	means the total number of points allocated to an individual player in a Senior Team taking into consideration the Category that applies to each player and any additional points or deducted points in accordance with these Women's Regulations;
<i>Player History</i>	means a Player's Australian football playing history, including the clubs and/or leagues which the Player has competed in and/or for;
<i>PPS Policy</i>	means the SANFL Women's Player Point's Policy in Part 2, Section B of these Women's Regulations as amended from time to time;
<i>QAFLW</i>	means the Queensland Australian Football League Women's;
<i>SANFLW's Mini-Draft</i>	means the draft held annually (if required) in which new players from outside of South Australia, who join either the AFC or the PAFC in the AFLW, are aligned to SANFLW clubs;
<i>Senior Team</i>	means the team a Club selects to play in a Match of the SANFLW competition;
<i>State Academy Player</i>	means a player who has been selected to represent South Australia in the Under 18 State Academy either in the current year or previous two years;
<i>Supplementary Listed Player</i>	means a player who is not on a Club's list of 1-30 Listed Players, but is still eligible for selection;
<i>Total Team Points Allocation</i>	means the total amount of points allocated to a specific Club by the SANFL for each Season in accordance with these Women's Regulations;
<i>VFLW</i>	means the Victorian Football League Women's;
<i>WAFLW</i>	means the Western Australia Football League Women's;
<i>Women's Regulations</i>	means these SANFL Women's Competition Regulations;

2. Interpretation

- (a) The interpretation provisions in Regulation 2 of the Master Regulations apply to these Women's Regulations, unless otherwise specified.
- (b) These Women's Regulations apply to all SANFL Women's Competitions unless otherwise specified.

PART TWO: LIST MANAGEMENT

A General List Management

Section A of Part 2 sets out the specific requirements of creating SANFL Women's competition lists. It also highlights key responsibilities both Clubs and Players must ensure they comply with in including, or being included, on a Club's list. These Women's Regulations specifically emphasise the importance of Player History and the registration forms.

3. Club Responsibilities

- (a) Each Club must create and maintain a list of 1-20 Listed Players for each season.
- (b) Each Club must submit to the SANFL a Club's list of 1-20 Listed Players as well as each players' respective Player Points Allocation by a deadline to be determined by SANFL.
 - (i) Clubs must ensure that they keep this list up-to-date at all times.
 - (ii) A Player who is moved to a higher valued list tier than the list tier or list they were on immediately prior to such list move, will be deemed to continue to be on the list they were on immediately prior to being moved for a period of 28 days starting the day after such list move is made, or until they have played three Matches for the League Team of the Club after such list move is made.
- (c) Clubs are required to prioritise their list of 1-20 Listed Players in the following player tiers:
 - (i) Tier 1 – Players 1-10
 - (ii) Tier 2 – Players 11-15
 - (iii) Tier 3 – Players 16-20
- (d) Clubs may move Players between the player tiers described in Regulation 3(c) at their absolute discretion at any time.
- (e) For each given year, the Club has until 5pm on the fifth business day from the date of the SANFLW Grand Final to sign any Player who has not signed a registration form or been included on a Club's list of 1-20 Listed Players.
 - (i) Any Player who has not signed a registration form, or is not included on a Club's list of 1-20 Listed Players will be able to transfer to another Club.

SANFL WOMEN'S COMPETITION REGULATIONS

- (ii) From 5pm on the fifth business day from the date of the SANFLW Grand Final, a Club will be able to sign Players from opposing Clubs, noting that Players listed on a Club's list of 1-20 Listed Players will have an attached Player Points Allocation when transferred
- (f) Each Club must create and maintain a Club Supplementary List.
- (g) Where a Player is required to complete a registration form or Player History form in accordance with Regulation 4(b), the Player's Club must submit to SANFL a Player's completed registration form and Player History form within ten business days of the forms being submitted to the Club by the Player.

4. Player Responsibilities

- (a) All Players are required to complete the relevant registration form on PlayHQ if they wish to play for a Club in the upcoming Season.
- (b) All Players who are:
 - (i) being added to a Club's list of 1-20 Listed Players for the first time;
 - (ii) being added to a Club's Youth List for the first time; or
 - (iii) have transferred from a Club to another Club in accordance with Regulation 17 and are to be included on the Club's List of 1-20 Listed Players,

will be required to complete and submit to their Club a registration form (as exhibited in Schedule 4) and a Player History form (as exhibited in Schedule 6) for the upcoming Season. This must be completed by the players referred to in this Regulation prior to them being given a Player Points Allocation and included on a Club's list of 1-20 Listed Players for the first time at that Club. A player who has completed this process previously while at the Club, will not be required to repeat it until they transfer to a new Club and are included on the new Club's List of 1-20 Listed Players.

5. Inactive List Players

- (a) Clubs may place Players on an inactive list for a period of up to 12 months.
- (b) If a Player is placed on a Club's inactive list, they will become ineligible to play in the SANFLW while on the inactive list.
- (c) A player on a Club's inactive list will be given a Player Points Allocation in accordance with Schedule 1 should they transfer to another Club.

6. Supplementary Listed Players

- (a) Players on a Club's Supplementary List will be able to transfer to another Club.

7. Inducements

A Club Official or agent of a Club must not offer any inducement or other encouragement to a Player to breach or terminate any Player Contract with another Club.

8. Exited Players

- (a) Clubs must request an Exited Player to complete an exit form (as exhibited in Schedule 7).
- (b) An Exited Player will be subject to a Player Points Allocation and a transfer fee should they be re-listed on a Club's list of 1-20 Listed Players.
- (c) The applicable Player Points Allocation will be the relevant Player Points Allocation (as prescribed in Schedule 1) which applies to the Exited Player based on the two Seasons after they last stop playing in the SANFLW. For the avoidance of doubt, the two Seasons which are relevant to this assessment includes any Season which the Exited Player did not play in.

9. SANFLW Mini-Draft

- (a) All Players who are selected by AFC or PAFC to play in the AFLW, but are not already aligned to a Club will be available for selection by a Club in the SANFLW Mini-Draft.
- (b) Draft selections in the SANFLW Mini-Draft will occur in reverse ladder order.

10. Youth List

- (a) Each Club will maintain a Youth List.
- (b) Each Player on a Club's Youth List shall be allotted a number from one to one hundred.
- (c) To be eligible for inclusion on the Youth List of a Club a person must:
 - (i) attain the age of at least 14 years during the calendar year in which she is first included on such Youth List;
 - (ii) attain the age of at least 15 years in the calendar year in which she plays in the SANFL Women's U18s; and

SANFL WOMEN'S COMPETITION REGULATIONS

- (iii) be under the age of 18 years on 31 December before the year in which such person is to be so included;
 - (iv) subject to Regulations 10(d)(i)-(ii), have completed not less than 12 months continuous residence (**Qualification Period**) within the Zone of a Club and not have subsequently completed a Qualification Period of residence within the Zone of another Club.
- (d) Players who are within the Zone of a SANFL Women's U18s Club are not permitted to play for another Club unless:
 - (i) the Club, to whose Zone the Player is aligned, provides its permission for the Player to play for the other Club; and
 - (ii) the decision of the Club is also approved by SANFL.
- (e) For the purposes of its Youth List, a Club will be required to pay a Registration Fee for any Players who reside outside of the Club's Zone. The Registration Fee which each Club must pay is the sum of \$2,500.00 upon the registration of the Player with such Club.
- (f) For the purposes of Regulation 10(e), a Club must not have more than five Players named on their Youth List who are subject to the payment of a Registration Fee.
- (g) A Player will be ineligible for inclusion on the Youth List of a Club after 30 November in the calendar year that the Player turns 18. This means that even though a Player may still be 17 in December of the current year ("Year 1") when being registered for the following year ("Year 2"), they will not be eligible for registration in the Youth List for Year 2 if registered in December of Year 1, even though they were under 18 years old in the year before Year 1 ("Year 0").
- (h) A Club which has included an ineligible Player on its Youth List must remove the name of that Player from its Youth List:
 - (i) within five business days of being requested by, or on behalf of, SANFL's Executive General Manager - Football to do so; or
 - (ii) within five business days of it otherwise becoming aware that the Player is ineligible to be so included.

A breach of this Regulation 10(h) will be treated in the same manner as a breach of the PPS Policy, as prescribed by Regulations 16(c)-(e) of these Women's Regulations.

SANFL WOMEN'S COMPETITION REGULATIONS

- (i) If a Club is given notice to remove the name of a Player from its Youth List under Regulation 10(h)(i), and the Club has not removed the Player's name from the Youth List within the five business days specified in the notice, SANFL's Executive General Manager - Football may remove that Player's name from the Youth List of that Club.
- (j) Subject to Regulation 10(k), Players named on the Youth List of a Club will be eligible for selection in any number of Matches in the Team of such Club as follows:
 - (i) Any number of Matches in the minor/ major round of any one Season.
 - (ii) Any number of Matches in the SANFL Women's U18s Team of such Club.
- (k) Players on the Youth List may play in the SANFL Women's League and SANFL Women's Under 18s Teams of the Club subject to the following qualifications:
 - (i) any age qualification which is applicable to any Team.
 - (ii) in a match in the SANFL Women's League on or after the calendar year that they attain 16 years of age.
 - (iii) a Player cannot play for her Club in any match with a scheduled start time less than 48 hours from the start time of any State Representative Team match, Affiliated League match, or school football match in which she has played.
- (l) SANFL Clubs shall not recruit or attempt to recruit Players on the Youth List of another Club. A breach of this Regulation 10(l) will be treated in the same manner as a breach of the PPS Policy, as prescribed by Regulations 16(c)-(e) of these Women's Regulations.
- (m) For the avoidance of doubt, all Regulations pertaining to Total Team Points Allocation and Player Points Allocation do not apply to Players on a Club's Youth List unless otherwise specified.

11. Inducements

- (a) A Club Official, Player, servant or agent of a Club (**Club 1**) must not offer any inducement or other encouragement to a Player on another Club's (**Club 2**) list of 1-20 Listed Players or Youth List to breach or terminate any playing contract which such Player has with Club 2.
- (b) Any breach of this Regulation 11 must be dealt with in the same manner as prescribed by Regulation 61 of the Masters Regulations, except that additionally:

SANFL WOMEN'S COMPETITION REGULATIONS

- (i) An amount equal to any amount fine imposed under Regulation 61(d)(i) of the Master Regulations for a breach of Regulation 11(a) must be paid by Club 1 to Club 2 by way of compensation. Such amount will be in addition to the fine imposed by Regulation 61(d)(i) of the Master Regulations.
- (ii) Where a monetary amount is required to be paid by Club 1 for a breach of Regulation 11(a) and that monetary amount has remained unpaid (in whole or in part) for at least ten business days, then:
 - (A) if, from time to time, moneys become payable by SANFL to Club 1, then before paying those moneys to Club 1, SANFL may deduct an amount from the moneys payable to Club 1 that is no greater than the monetary amount owing (to both Club 2 and SANFL); and
 - (B) firstly, pay any monetary amounts owed by Club 1 to Club 2 on Club 1's behalf; and
 - (C) secondly, SANFL may hold onto a monetary amount up to the amount of the unpaid fine, and deduct that monetary amount from the fine owing.

B The PPS Policy

Section B of Part 2 sets out the Women's Regulations which will be referred to as the PPS Policy.

The PPS assesses the relative strength of each Player based on their playing background. It imposes a Points 'cap' on the relative strength of a SANFLW Club to help achieve competitive balance and ensure that no one SANFLW Club has a list of players substantially stronger than any other SANFLW Club. The classification of players in this manner maximises the opportunity for the equalisation of competition across the SANFLW to the overall advantage of the SANFLW Competition.

SANFL believes that a competition comprising of eight s all with a fair and equal opportunity to compete is vital to the long-term success of its women's competitions. Players having a sense of belonging to their Club and a platform to perform at their best creates a professional environment that not only improves the standard of the competition year on year but also attracts the best talent to the competition.

The objective of the PPS Policy is to continue the growth and stability of the SANFLW, whilst encouraging interstate talent to enter the competition. This objective will be achieved through:

- the retention of current SANFLW Players;
- encouraging underage player development within SANFL Club zones;
- discouraging 'poaching' of out-of-zone underage talent;
- discouraging a high level of player movement in the off season;
- equalising the SANFLW League; and

12. SANFL Responsibilities

SANFL will operate a Player Points System (**PPS**), and as part of this will:

- (a) determine a Player Points Allocation for each player in the SANFLW in accordance with these Women's Regulations; and
- (b) determine a Total Team Points Allocation for each Club in each season.

13. Total Team Points Allocation

- (a) The Total Team Points allocation will be capped in accordance with Schedule 2 and will be determined by the finishing positions of each Club in the last completed SANFLW Season, except as amended in accordance with Regulation 13(b).

- (b) SANFL may in its absolute discretion allocate additional points or apply deductions to Total Team Points to specific Clubs in accordance with this PPS Policy to manage unique conditions and to meet the needs of all Clubs within the SANFLW.
- (c) SANFL will allocate the final figure for Total Team Points to each Senior Team for the following Season in accordance with Regulations 13(a)-(b).
- (d) A Club must not field players in its Senior Team in any Match which exceeds the total points which have been allocated to that Club in accordance with this PPS Policy.

14. Player Points Allocation

- (a) Where applicable, once a Club has submitted a Player's registration form and a Player History form in accordance with Regulation 3(g), a Player Points Allocation will be applied to the Player in accordance with Schedule 1.
- (b) SANFL will liaise with Clubs to ensure that Player Points Allocations are entered into PlayHQ. This must occur before a Player is placed on a Club's list of 1-20 Listed Players.
- (c) As part of the Player Points Allocation process, in accordance with Regulation 15(c) of these Women's Regulations, SANFL may provide the opportunity for Clubs to seek a reassessment of any player's Player Points Allocation.
- (d) All players will have points allocated to them based on either of the following Categories:
 - (i) a Player's past 24 months of playing experience; or
 - (ii) the tier of the Club's 1-20 List in which the player was most recently listed at the club they are seeking to transfer from.
- (e) Once the process outlined in Regulations 14(a)-(d) has been undertaken, any player's Player Points Allocation will be fixed for that Season unless the SANFL believes that there are exceptional circumstances relevant to a player that warrant an amendment of the Player Points Allocation, in which case it may do so at its absolute discretion.

15. Deductions and Amendments to Player Points Allocation

- (a) All players listed with a Club in the previous Season who carried points, will have a one-point reduction applied to their Player Points Allocation if retained by the same

SANFL WOMEN'S COMPETITION REGULATIONS

club for the current Season. Should a 1-20 Listed Player transfer to another Club, they will be given a Player Points Allocation in accordance with Schedule 1.

- (b) With respect to the Player Points Allocation, where a Player may be categorised in more than one Category, they will be attributed the highest Category of points applicable to them in accordance with Schedule 1.
- (c) On application and only in exceptional and compelling circumstances, SANFL may reduce a Player's Player Points Allocation.
 - (i) If a Club wishes to apply for the SANFL to reduce a Player's Points Allocations, it must make its application in writing to the SANFL within ten business days of receiving notification from SANFL of the Player's Player Points Allocation.
 - (ii) In its written application, a Club must provide SANFL with its reasons for making the application.
 - (iii) Upon receiving a Club's application for a reduction of a Player's Player Points Allocation, SANFL can make a decision on the application at its absolute discretion. SANFL will notify the Club of its decision after it has been made.
 - (iv) All decisions made by SANFL under this Regulation 15(c) are final and binding.
- (d) Where two SANFLW Clubs (**Club 1 and Club 2**) wish to trade (swap) Players by Club 1 transferring a Player (**Player A**) to Club 2 in exchange for Club 2 transferring its own Player (**Player B**) to Club 1, by application to SANFL, the Clubs may reduce the Player Points Allocation for each Player by deducting the Player Point Allocation of the Player with the lowest Player Points Allocation from both Player Points Allocation, For example, if Player 1's Player Points Allocation would otherwise be 2 points, and Player 2's Player Points Allocation would otherwise be 3 points, then Player 1's Player Points Allocation may be reduced to 0 and Player 2's Player Points Allocation may be reduced to 1. If Player 1 and Player 2 would otherwise have the same Player Points Allocation, then both Players may have their Player Points Allocation reduced to 0.

16. Breaches

- (a) A Player will breach this PPS Policy and be deemed ineligible to play in SANFLW Matches if their Club has failed to submit their completed registration form and/or Player History form to SANFL in accordance with Regulation 3(g).

SANFL WOMEN'S COMPETITION REGULATIONS

- (b) If a Club:
- (i) fails to submit a Player's registration form and/or Player History form in accordance with Regulation 3(g);
 - (ii) plays an Ineligible Player in any Match during a Season; or
 - (iii) lodges a Player History form containing false or misleading information,
- then the Club will breach this PPS Policy.
- (c) If a Club is found to have breached this PPS Policy, then SANFL's Executive General Manager - Football may then impose one or more of the following sanctions against the Club at its absolute discretion:
- (i) a fine;
 - (ii) reversal of one or more Match result(s);
 - (iii) loss of premiership points for the current and/ or future Season(s);
 - (iv) loss of opportunity to participate in a Finals series, for the current season and/or future Season(s);
 - (v) suspensions being imposed on the Club's Player(s) and/or Club Official(s) in circumstances where the suspended Player(s) and/or Club Official(s) had knowingly provided false or misleading information to the Club or to SANFL.
- (d) A Club which has been sanctioned under Regulation 16(c) may appeal to a Tribunal assembled by SANFL. Unless otherwise specified, this Tribunal will operate under the rules and processes of the Tribunal as per Part E of the Master Regulations.
- (e) In applying any sanction in relation to a breach of the PPS Policy, SANFL must take into consideration whether the breach was:
- (i) intentional or otherwise – this includes, but is not limited to, circumstances where a Club has:
 - (A) deliberately breached the PPS Policy; or
 - (B) had little or no regard to the requirements of the PPS Policy when committing action/conduct constituting a breach; or

- (ii) unintentional – this includes, but is not limited to, circumstances where a Club has:
 - (A) not been provided with accurate or complete information by a Player, but it did not know that this was the case; or
 - (B) misinterpreted the PPS Policy and inadvertently applied the PPS Policy incorrectly.

C Player Transfers

Section C of Part 2 describes the processes and formalities regarding the transfer of Players from one Club to another Club.

These Women's Regulations must be read in context of the PPS Policy described in Part 2, Section B of these Women's Regulations.

17. Transfers

- (a) All player transfers must be conducted online via the PlayHQ platform at the earliest opportunity after a registration form has been signed by a Player transferring to another Club.
- (b) The procedure to be adopted with respect to the transfer of a Registered Player from one Club (**Club 2**) to another Club (**Club 1**) will be as follows:
 - (i) An Application for Transfer must be completed and signed by the Player, and lodged with the SANFL. A copy of the Application for Transfer will be sent to Club 2, while a copy will also be retained by Club 1.
 - (ii) Club 2 must either grant or refuse the Application for Transfer and return it to the SANFL within 7 days of receiving it. Such granting or refusal must be endorsed in writing by Club 2 on the copy of the Application for Transfer sent to the SANFL.
 - (iii) If Club 2 refuses an Application for Transfer, it must endorse its refusal on a copy of the Application to Transfer with reasons in writing for such refusal.
 - (iv) If Club 2 does not return the endorsed Application for Transfer to the SANFL as required by Regulation 17(b)(ii) or otherwise advise the SANFL in writing of its decision on such transfer within 14 days of receiving the Application for Transfer, the SANFL must at the written request of the Player seeking such transfer give

SANFL WOMEN'S COMPETITION REGULATIONS

notice to Club 2 indicating that the SANFL will grant that transfer at the expiration of five (5) business days.

- (v) If Club 2 does not grant or refuse the Application for Transfer within five (5) business days from the date the notice referred to in Regulation 17(b)(iv) was sent, the SANFL must immediately grant such transfer.
- (vi) An Application for Transfer must not be lodged with the SANFL between 5.00 pm on 23 December in any year and 9.00am on the second Monday of January in the following year. An Application for Transfer which is delivered or sent to the SANFL during that period will be of no effect.
- (c) Clubs have until 5pm on the fifth business day from the date of the SANFLW Grand Final each year to sign Players already registered with their Club by completing the approved registration form.
- (d) After 5pm on the fifth business day from the date of the SANFLW Grand Final each year, Clubs may sign Players (other than players on a Youth List) from opposing Clubs using the approved registration form.
- (e) 1-20 Listed Players will be given a Player Points Allocation in accordance with Schedule 1.
- (f) A Player on a Club's Youth List may transfer to another Club's Youth List by agreement between the two Clubs. For the avoidance of doubt, if a Club is unwilling to transfer a Player on their Youth List, they are not obliged to do so and the Player will remain on the Youth List of that Club until they are either delisted by that Club, or on 30 November of the calendar year in which the Player turns 18, whichever comes first.

18. Transfer Fees

- (a) Where a Player is transferring from one SANFLW Club to another SANFLW Club, the Club receiving the transferring Player must pay the transfer fee (if any) associated with the Player's relevant player tier (as determined by the Club pursuant to Regulation 3(d)) in accordance with Schedule 3, failing which the SANFL will not clear the Player for transfer. For the avoidance of doubt, a Player's relevant player tier for the purposes of addressing a transfer fee will be the player tier they were assigned by the Club 28 days prior to SANFL receiving the Player's request for transfer.
- (b) **AFLW Players**

SANFL WOMEN'S COMPETITION REGULATIONS

- (i) Where a listed or delisted* AFLW Player is transferring to a SANFLW Club, and the transferring Player was previously drafted from a different SANFLW Club, the Club receiving the transferring Player must pay the Transfer Fee agreed upon between the two Clubs up to the maximum Transfer Fee amount of \$5,000 to the SANFLW Club that the transferring Player was drafted from.

*In the case of a delisted player, the Player is transferring in the season immediately following their delisting.

- A. Where a delisted AFLW player is transferring in the second season post their delisting, the Club receiving the transferring Player must pay the Transfer Fee agreed upon between the two Clubs up to the maximum Transfer Fee amount of \$2,500 to the SANFLW Club that the transferring Player was drafted from.
- B. Where a delisted AFLW player is transferring in a third or subsequent season post their delisting, no Transfer Fee is payable.

- (ii) Where a listed or delisted* AFLW Player is transferring to a SANFLW Club, and the transferring Player was previously Mini Drafted to a different SANFLW Club, the Club receiving the transferring Player must pay the Transfer Fee, based on SANFLW Games Played and as agreed upon between the two Clubs up to the maximum Transfer Fee amount of:

- A. 0 SANFLW Games Played = \$500
- B. 1 – 9 SANFLW Games Played = \$1000
- C. 10+ SANFLW Games Played = \$2000

*In the case of a delisted player, the player is transferring in the season immediately following their delisting.

- (c) A Player exiting a Club's Youth List on 1 November of the year they are 18 years of age who has not signed a registration form (as exhibited in Schedule 5) can be the subject of a Transfer Fee if the Club has placed the Player on its List of 1-20 Listed Players.

- (i) A Club will be able to list a maximum of two (2) Players under these circumstances at any one time onto its List of 1-20 Listed Players.
- (ii) The Transfer Fee will be based upon which tier (in accordance with Regulation 18(a)) the Player will be assigned on a Club's list of 1-20 Listed Players.

(d) Transfer Fees for Players who are:

(i) under 18 years of age; and

(ii) seeking to transfer from one Club's Youth List to another Club's Youth List

are determined by agreement between SANFL Clubs. For the purposes of this Regulation 18(d), the maximum amount a transfer fee can be is \$2,500.00.

D Salary Cap

19. Salary Cap

The Salary Cap of a Club is to be calculated in accordance with, and subject to the limits of, Schedule 8.

PART THREE: MATCH DAY

This Part of these Women's Regulations are specific to the SANFL Women's competitions. It provides clarity to Clubs and Club Officials about the requirements for conducting a SANFL Women's Match.

The Laws of Australian Football and the Master Regulations apply to all SANFL Women's Competitions unless altered by any regulations in this Part. For the avoidance of doubt, with regards all SANFL Women's Competitions:

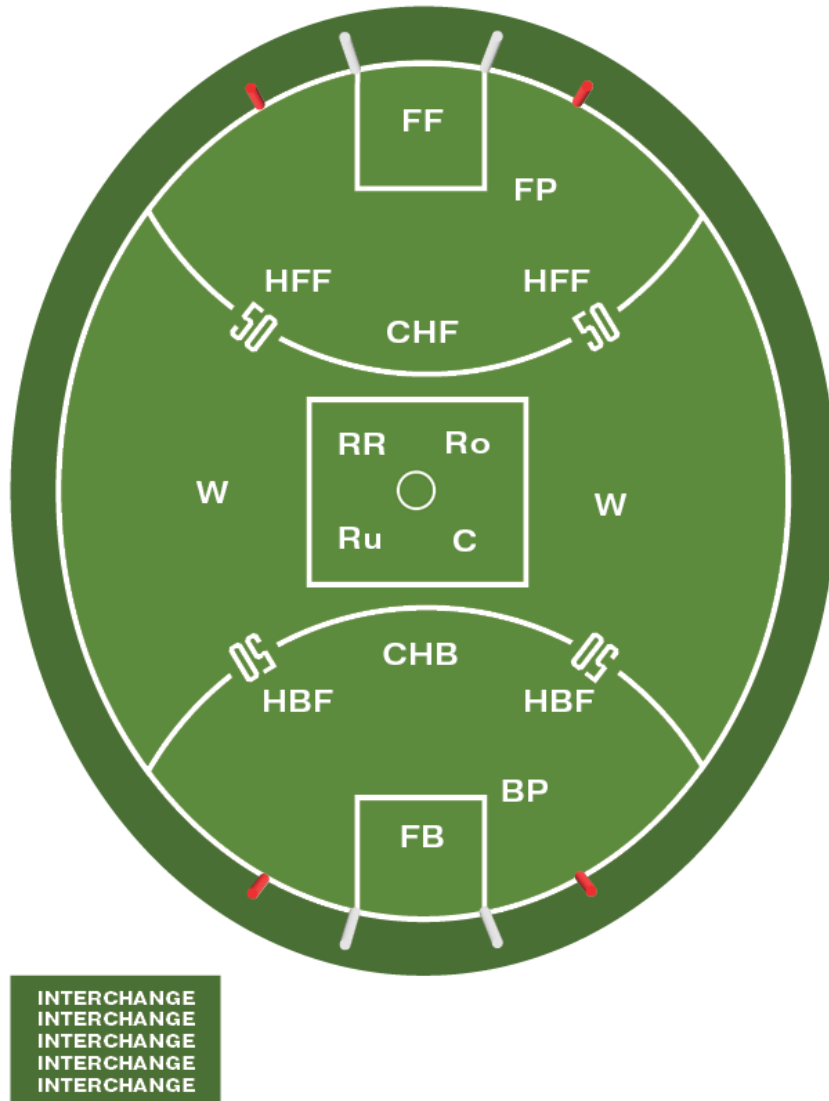
1. the Master Regulations will take precedence over the Women's Regulations or the Laws of Australian Football if there are any relevant inconsistent or contradictory provisions in the Master Regulations or the Laws of Australian Football; and
2. The Master Regulations will take precedence over the Laws of Australian Football if there are any relevant inconsistent or contradictory provisions in the Laws of Australian Football.

20. Number of Players on Field

Clubs will each field up to sixteen players on the field, being:

- (a) one forward pocket (FP);
- (b) one full-forward (FF);
- (c) two half-forward flanks (HFF);
- (d) one centre-half forward (CHF);
- (e) one centre (C);
- (f) two wings (W);
- (g) two half-back flanks (HBF);
- (h) one centre half-back (CHB);
- (i) one back pocket (BP);
- (j) one full back (FB);
- (k) one ruck (Ru);
- (l) one ruck rover (RR); and

(m) one rover (Ro).



21. Emergency Players

Clubs will each name three (3) emergency Players on its Team distribution sheet for each Match.

22. Match Times and Duration

The duration of any Match in the female competitions will be as follows:

(a) SANFLW League Match

(i) Each Match will consist of four quarters, each of 18 minutes duration with time on.

SANFL WOMEN'S COMPETITION REGULATIONS

(A) Time stops once the goal umpire signals that a goal has been scored (pointing of fingers).

(B) Time resumes as soon as the field umpire bounces or throws the ball up in the centre of the field after the goal.

1. Alternatively, if a free kick is paid by a field umpire after the goal but before the ball is bounced or thrown up, time resumes as soon as the umpire blows their whistle to signal the free kick.

(ii) Time on to be applied when a stretcher enters the field of play.

(A) Time stops when a stretcher crosses the boundary line to enter the field of play.

(B) Time resumes once the stretcher has exited the field of play, and the umpire signals play to resume.

(b) **SANFL Women's U18s Match**

(i) Each Match will consist of four quarters, each of 17 minutes duration with no time on as is detailed in sections 22 (a) (i) and 22 (a) (ii).

(ii) Time on to be applied when a stretcher enters the field of play.

(A) Time stops once a stretcher crosses the boundary line to enter the field of play.

(B) Time resumes once the stretcher has exited the field of play, and the umpire signals play to resume.

23. Break Lengths

(a) There will be a six-minute break at quarter time and at three quarter time.

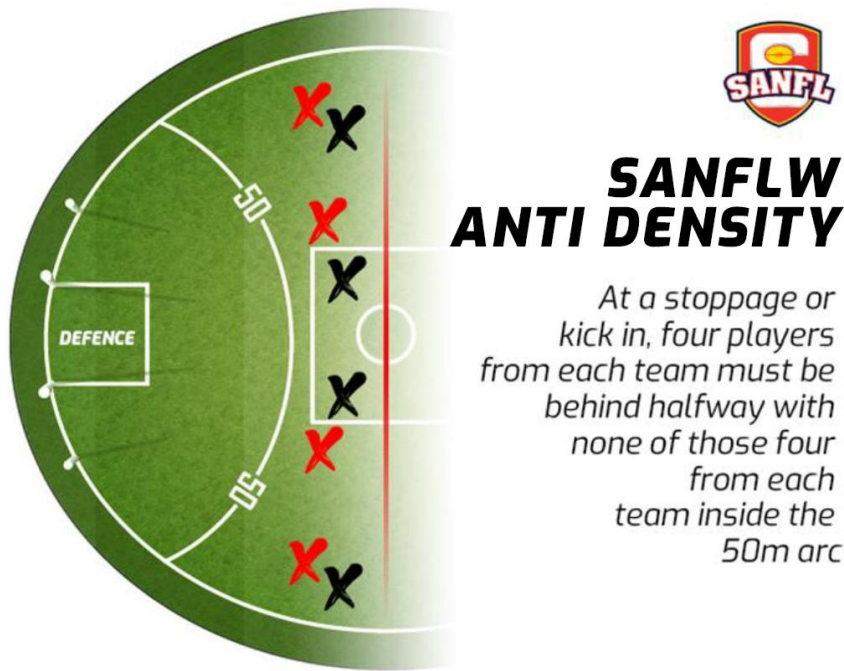
(b) There will be a fifteen-minute break at half time.

24. Anti-Density Rule

(a) Four (4) Players from each Team are required to be:

(i) behind the halfway point of the playing field at stoppages and kick-ins; and

- (ii) none of those four Players are required to be within the 50-metre arc (refer to diagram below for reference).
- (b) If a field umpire determines that a Team has breached Regulation 24(a), they will blow their whistle and a free kick will be awarded to the opposing Team. This free kick will be taken with the Player on the mark standing on the 50m line directly in front of the opposing Team's goal.



25. Boundary Throw-Ins

If the ball goes out-of-bounds during the course of a Match, the boundary umpire may throw the ball in from inside the boundary line, aiming to land approximately 18 metres into the field of play.

26. [Intentionally left blank]

PART FOUR: AWARDS

This Part of these Women's Regulations is specific to the SANFLW. It provides clarity to Clubs and Officials about the awards available for Players to win in the SANFLW. However, it should not be interpreted as comprehensive or limiting guidelines on the processes by which each award is determined.

27. Awards

The SANFL may give the following awards to Players:

(a) SANFLW Best and Fairest Award

- (i) This is awarded to the best and fairest Player in the SANFLW, as voted on by the umpires at the conclusion of each Match. Umpires will award three, two and one votes to three players who compete in a Match, with three being awarded to the best and fairest player of the Match. The best and fairest player will be the player who at the end of the season has the highest tally of votes for the season and is eligible to win the award.
- (ii) Players who have been suspended during the relevant Season will be ineligible to win this award.

(b) SANFLW Coach's Award

- (i) This is awarded to the best Player in the SANFLW as voted by the senior coach of each Club at the conclusion of each Minor Round Match. Senior coaches will award five (5), four (4), three (3), two (2) and one (1) votes to five (5) players who compete in a Match, with five being awarded to the best and fairest Player of the Match.
- (ii) Coaches are able to vote for Players from both Teams.

(c) Breakthrough Player Award

- (i) This is awarded to the best Player aged 21 years or under as at 1 January of the calendar year the relevant Season is played.
- (ii) A SANFL-assembled committee will nominate one (1) Player for the award in each Round of the relevant SANFLW Season.
- (iii) The Player who wins this award will be selected from a pool of the Players nominated each week in the relevant Season by the same committee described under Regulation 27(c)(ii).

(d) **Leading Goal Kicker Award**

This is awarded to the Player who kicks the most goals in any given Season.

(e) **Leadership Award**

(i) This is awarded to the Player who has demonstrated outstanding leadership in the SANFLW season.

(ii) The winner will be decided upon by a four-person panel as appointed by SANFL. The winner will be selected from a pool of Players who have been nominated by their Club.

(iii) Each Club may nominate one of its Player for this award. The Player nominated must have played at least three (3) SANFLW Matches in the relevant Season.

(iv) In deciding the winner of the award, SANFL must consider whether a Player has:

(A) demonstrated personal development in their football ability;

(B) demonstrated care in mentoring fellow young Players at the Club;

(C) inspired and encouraged personal and professional development in other Players;

(D) shared knowledge or information contributing to the relevant Club's success;

(E) built strong relationships that support a high level of trust and credibility within the Club;

(F) been judged by their coaches that they have reflected the values of their Club.

(v) In deciding the winner of the award, SANFL may also consider whether a Player has:

(A) demonstrated an improvement in study or career progression;

(B) demonstrated an involvement with community-based activities.

(f) **SANFLW Team of the Year Award**

(i) The SANFLW Team of the Year is a team made up of the best Players across the SANFLW, as selected by panel appointed by SANFL.

- (ii) A total of 21 Players will be selected for inclusion in the SANFLW Team of the Year:
 - (A) 16 Players named in each position listed under Regulation 20; and
 - (B) five interchange Players who play in any position on the field.
- (iii) In selecting the Players for inclusion in the SANFLW Team of the Year, the SANFL-appointed panel described in Regulation 27(f)(i) will consider a Player's performance throughout the relevant Season.

28. Regulation of Awards

SANFL may prescribe Regulations for the making of each of the awards detailed in Regulation 27 and may alter or vary those Regulations from time to time.

Schedule 1: Player Point Categories

Point	Category of Player	Details
3 Points	<p>SANFLW Player Listed in Tier 1 of the Club's list of 1-20 Listed Players</p> <p>(maximum of two transfers from one Club)</p>	<p>This applies to a Player who is transferring from another SANFLW Club and was listed in Tier 1 of the Club's 1-20 Listed Players 28 days prior to exiting the Club.</p>
	<p>AFLW-listed Player who was not drafted from a SANFLW Club (in the same season)</p> <p>(maximum of two transfers per 1 – 20 list)</p>	<p>This applies to a Player who is currently listed by an AFLW Club (i.e. listed by that AFLW Club in the relevant season) who is not drafted from a SANFLW Club, but seeks to play SANFLW following the completion of the relevant AFLW season.</p> <p>This is based on a Player's Player History for the previous 24 months.</p>
	<p>AFLW Delisted Player who was drafted from a SANFLW Club</p> <p>(maximum of two transfers per 1 - 20 list)</p>	<p>This applies to a Player who is delisted from an AFLW Club, but seeks to play for a SANFLW Club (that they were not drafted from) in the season after they are delisted from their AFLW Club.</p> <p>This is based on a Player's Player History for the previous 24 months.</p>
2 Points	<p>SANFLW Player Listed in Tier 2 of the Club's list of 1-20 Listed Players</p> <p>(maximum of two transfers from one Club)</p>	<p>This applies to a Player who is transferring from another SANFLW Club and was listed in Tier 2 of the Club's 1-20 Listed Players 28 days prior to exiting the Club.</p>
	<p>AFLW Delisted Player who is unaligned to any SANFLW Club</p>	<p>This applies to a Player who was not drafted from a SANFLW Club but is delisted from an AFLW Club and seeks to play SANFLW in the season after they are delisted.</p>

SANFL WOMEN'S COMPETITION REGULATIONS

	(maximum of two transfers per 1 - 20 list)	This is based on a Player's Player History for the previous 24 months.
1 Point	SANFLW Player Listed in Tier 3 of the Club's list of 1-20 Listed Players (maximum of two transfers from one Club)	This applies to a Player who is transferring from another SANFLW Club and was listed in Tier 3 of the Club's 1-20 Listed Players 28 days prior to exiting the Club.
	Interstate League Player with 15 or more Matches' experience in the previous 24 months	This applies to a Player who has played 15 or more state league Matches in the previous two seasons in an interstate league competition, being one of VFLW, WAFLW and QWAFL. This is based on a Player's Player History for the previous 24 months.
0 Points	All Other Players	This applies to: <ul style="list-style-type: none"> ▪ A SANFLW Player who has never transferred Clubs. ▪ Community Football Players. ▪ An AFLW Player that is returning to their SANFL Club of Origin (including by way of the AFLW Mini-Draft). ▪ A PAFC or AFC Player in AFLW who is selected via the SANFLW Mini-Draft.
	Father or Mother Daughter Player (maximum of four per Club)	Father or Mother has played one or more SANFL Men's or SANFLW Matches for the relevant Club.

Schedule 2: Total Team Points Allocation

This Schedule prescribes the Total Team Points Allocation which each Club will be allocated in accordance with Regulation 3 of these Women's Regulations.

For the avoidance of doubt, the Total Team Points Allocations for each Club is determined by the finishing positions of each Club in the last completed SANFLW Season. The finishing positions take into account each Club's final results post the last completed Finals series. For example, the Premiers will be allocated a Total Team Points Allocation of 6 even if they finished third or fourth in the Home and Away season.

Club's final position	Points Allocation
Premiers	6
Runners-Up	
3 rd	8
4 th	
5 th	
6 th	
7 th	10
8 th	

Schedule 3: Transfer Fee Guide

This Schedule prescribes the Transfer Fees which apply to each tier of Players of a Club's list of 1-20

Player Tier	Transfer Fee
Tier 1: Players 1 to 10	\$2,000.00
Tier 2: Players 11 to 15	\$1,000.00
Tier 3: Players 16 to 20	\$500.00

Schedule 4: Senior Registration Form

**SOUTH AUSTRALIAN NATIONAL FOOTBALL LEAGUE INC.
APPLICATION FOR REGISTRATION – SENIOR (Male & Female)**

Date: ____/____/____

Play HQ I.D. _____

PLAYER'S SURNAME _____ GIVEN NAMES _____

PRESENT POSTAL ADDRESS _____

PREVIOUS POSTAL ADDRESS (If applicable) _____

FROM _____ TO _____

DATE OF BIRTH ____/____/____ PLACE OF BIRTH _____

CLUB LAST PLAYED FOR _____

FROM _____ TO _____

I hereby apply for registration as a player with the _____ FC.

I have had the opportunity to read and understand the Rules and Regulations of the SANFL and I undertake to observe such rules.

Signed in the presence of:

Name _____
(witness)

Signature _____

Signature of player _____

To be completed by SANFL Club

I request you to register _____ as a _____
FC player.

Signature _____

Date ____/____/____

Schedule 5: Youth Registration Form

**SOUTH AUSTRALIAN NATIONAL FOOTBALL LEAGUE INC.
APPLICATION FOR REGISTRATION – YOUTH (Male & Female)**

Date: ____/____/____

Play HQ I.D. _____

PLAYER'S SURNAME _____ GIVEN NAMES _____

RESIDENTIAL ADDRESS _____

PREVIOUS RESIDENTIAL ADDRESS (if applicable) _____

FROM _____ TO _____

DATE OF BIRTH ____/____/____ PLACE OF BIRTH _____

ABORIGINAL or TORRES STRAIT ISLANDER YES/NO _____

COMMUNITY CLUB PLAYED FOR _____

I hereby apply for registration as a player with the _____ FC,
until not later than October 31st of the season in which I turn eighteen years of age.

The player and the parents/guardian referred to below acknowledge that they have had the opportunity
to read and understand the Rules and Regulations of the SANFL and undertake to observe such rules.

Signed in the presence of:

Name _____
(witness)

Signature of witness _____

Signature of Parent/Guardian _____ Signature of player _____

To be completed by SANFL Club

I request you to register _____ as a _____
FC player.

Signature _____

Date ____/____/____

Schedule 6: Player History Form



2026 SANFLW PLAYER HISTORY FORM

- This form is to be filled out by any new player to your club that has played any level of AFL in the past 24 months.
- Points are to be allocated to the player as per the Player Points System, 2026.
- This document is to be submitted to SANFL no later than two (2) business days prior to game day for this player to be eligible to play.

Players Name:			
	Club	Games Played	League
2024			
2025			
Transfer Details			
Origin Club:	Football Club	List	Tier:
2026 SANFL			SANFL Women's League
Applying for Father / Daughter Rule Y/N		Mother / Daughter Rule Y/N	
Father or Mother's Full Name:		Club:	Games Played:
Player Points Allocated			
Football Manager:			
Signed:			

- All players entering the Hostplus Women's League in 2026 will have history checked and approved by SANFL.

Schedule 7: Exit Form

SOUTH AUSTRALIAN NATIONAL FOOTBALL LEAGUE INC.



SANFL EXIT FORM

**THIS FORM GIVES FORMAL NOTIFICATION OF A PLAYERS INTENT TO EXIT
FROM PLAYING FOOTBALL FOR A
SOUTH AUSTRALIAN NATIONAL FOOTBALL LEAGUE INC. CLUB**

I, _____, a registered player of the
(player)
_____ Football Club, give notice of my intention
to exit as a player of that Club.

Signed _____
(player)
Date _____

The _____ Football Club acknowledges receipt
of this notice of intention to exit from _____.
(player)

Signed _____
(General Manager)
Date _____

SANFL REGULATIONS

14.11 SANFL Exited Players

14.11.1. For the purpose of this Regulation 14.11 a Registered Player of a League Club who has exited from playing football decides at a later time to play football with either that League Club, another League Club or an Affiliated League Club will be deemed to remain a Registered Player of that League Club and included on the Club List of that League Club on which they were listed at the date of his SANFL exit.

14.11.2. If a League Club receives written notice of exit from one of its players a copy of that notice must be lodged with the League.

14.11.3. If a player has exited from playing football with a League Club and subsequently decides to play football with an Affiliated League Club, that Affiliated League Club may be required to pay a Transfer Fee in accordance with Regulation 14.7.4.

Schedule 8: Player Payments and Salary Cap

1. Club Salary Cap

- (a) The Salary Cap per Club for the 2026 SANFLW Season is \$32,000.
- (b) Each Club's projected Salary Cap for the relevant Season will be determined based on their 21 highest-paid Contracted Players over a fourteen (14) round Minor Round Season.
- (c) Any Salary Cap underspend at the end of the Minor Round may, at each Club's discretion, be used to pay eligible Players as a reward for on field performance during that Season as approved by each Club's Board (e.g. best and fairest winner to receive 40% of any underspend, runner up to receive 30%, third to receive 15% and leading goal kicker to receive 15%).

2. Individual Player Payment Cap

- (a) The minimum amount that any one Player can be paid by their Club under the Salary Cap is \$60 per Match (**Minimum Match Payment**).
- (b) The maximum amount that any one Player can be paid by their Club under the Salary Cap is \$300 per Match (**Maximum Match Payment**).
- (c) The Club has discretion whether to the Minimum Match Payment is paid to Players on the Youth List.

3. Individual Base Payment Cap

Base Payments or lump sum payments are not permitted to be paid to Players.

4. Contracted AFLW Player

Contracted AFLW Players will not receive a Match payment from their SANFL Women's League Club.

5. Motor Vehicle and Travelling Expenses

The maximum amount permitted to be paid for motor vehicle and travelling payments is \$0 on aggregate per Team per Season (and any payment over that will be deemed a Football Payment).

6. After Match Awards

The maximum amount that a Player may receive in After Match Awards is \$250, which may be:

- (a) in cash or vouchers from a SANFL Women's League Club; and/or
- (b) in vouchers donated by a Club sponsor.

Any payment exceeding the maximum amounts specified in this clause will be deemed a Football Payment.

7. Relocation Allowance

The Relocation Allowance is \$0.

8. Playing Coach Allowance

The maximum amount permitted to be paid to Player(s) for coaching services is \$0 in aggregate per Team per Season (and any payment over that will be deemed a Football Payment).

9. Additional Services Agreement

The maximum amount permitted to be paid to a Player for marketing activities is \$0 in aggregate per Team per Season (and any payment over that will be deemed a Football Payment).

Schedule 9: Application for Transfer

SOUTH AUSTRALIAN NATIONAL FOOTBALL LEAGUE INC

TRANSFER OF REGISTRATION

PLAYERS NAME: _____

- I am at present a: **1-40 SENIOR LIST MALE** Player
- TIER ____ LIST SANFLW** Player
- YOUTH LIST** Player

With the _____ Football Club and desire the permission of the League for my registration to be transferred to the _____ Football Club.

Signed: _____ Date: _____

The _____ Football Club desires the transfer of registration of _____ from the _____ Football Club.

Signed: _____ Date: _____

The _____ Football Club consents to the registration of _____ being transferred to the _____ Football Club.

Signed: _____ Date: _____